



**E.H. Mellon Administrative Center**

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Champaign, Illinois 61820-5818

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**ASTHMA ACTION PLAN/PERMIT FOR SELF-ADMINISTRATION OF ASTHMA MEDICATION**

Student Name:	Date of Birth:	Today's Date:
Health Care Provider:	Preferred Hospital:	School/Grade:

<p><b>Asthma Severity</b> Intermittent or Persistent: Mild Moderate Severe <b>Asthma Control</b> Well-controlled Needs better control</p>	<p><b>Asthma Triggers Identified (things that make asthma worse):</b> Colds Dust Pollen Stress/emotions Exercise Strong odors Mold/moisture Gastric reflux Season: Fall Winter Spring Summer Other:</p>
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Does your child take asthma medication(s)? (Check all that apply)  
 On a regular basis                       At school on a regular basis  
 At home only as needed                 At school only as needed

Does your child have a Rescue/Emergency inhaler?    Yes    No    Name of Medication:

Will your child carry a Rescue/Emergency inhaler at school?    Yes    No    Sometimes – **If Yes/Sometimes please complete consent at the bottom of this form. If inhaler is to be administered by Authorized School Personnel please complete separate Medication Administration Consent (requires Physician signature).**

Should your child use the inhaler before PE?    Yes    No    Sometimes

Where will inhaler be found while at school?    Backpack/Locker            Desk/classroom  
    Office/Medication Drawer            Carries with Them

What are the symptoms your child shows during an asthma attack/ flare up?
Steps you would like the school staff to follow if you child has an asthma attack/ flare up: 1. 2. 3.

I, \_\_\_\_\_, give permission for my child to self-medicate the asthma medication as directed by the physician. The medication will be in a container appropriately labeled by the pharmacy. I will notify the school in writing if the medication is discontinued. Also, I will obtain documentation from the physician if the medication dosage is changed. I understand that the District and my child's school have no liability for my child's self-medication. I agree to indemnify and hold harmless the District and/ or the school, along with its agents and employees, against any claim (except a claim based upon willful and wanton conduct).

I hereby authorize District Health Staff to contact the medical provider named here \_\_\_\_\_ regarding this medication and to release information regarding my child (named above) to said provider. I hereby authorize the medical provider to release information about my child and this medication/condition to District Health Staff regarding any medical concerns about this medication/condition.

I also give permission for the School Administration/School Nurse to contact the prescribing health professional about the administration of this medicine. I certify that I have administered at least one dose of the medicine to my child without adverse effects.

Date: \_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_